



# TRAVEL CHECKLIST



DATE: .....

DESTINATION: .....

PERSONAL DOCUMENTATION	Y/N	NOTES
PASSPORT		CHECK EXPIRATION DATE
DRIVER'S LICENCE		CHECK IF YOU NEED AN INTERNATIONAL DRIVING PERMIT
TRAVEL INSURANCE		CHECK INSURANCE COVERAGE
VISAS		VERIFY REQUIREMENTS
CREDIT/DEBIT CARDS		-NOTIFY BANK OF TRAVEL PLANS -CANCEL NECESSARY DIRECT DEBIT PAYMENTS -KEEP CARDS IN SEPARATE BAGS SO YOU ALWAYS HAVE ONE IN AN EMERGENCY
COPIES OF ALL PERSONAL DOCUMENTATION		KEEP THEM IN A SEPARATE BAG FROM THE ORIGINAL COPIES
SAFETY ITEMS	Y/N	NOTES
LOCKS FOR LUGGAGE/BACKPACK		CHECK THAT THE LOCKS ARE AIRPORT SECURITY APPROVED
FIRST AID KIT		INCLUDE PLASTERS, ANITSEPTIC WIPES, PAIN RELIEF AND ANY PRESCRIPTION MEDICATION
PORTABLE DOOR LOCK		ADDS AN EXTRA LAYER OF SECURITY IN PRIVATE ROOMS
FLASHLIGHT/ HEADTORCH		ESSENTIAL IN AREAS WHERE POWER OUTAGES ARE LIKELY
APPLE AIR TAGS		FOR TRACKING ANY ITEMS THAT HAVE BEEN LOST/STOLEN
TRANSLATION CARD FOR ALLERGIES/ MEDICAL NEEDS		NECESSARY TO COMMUNICATE MEDICAL NEEDS IN LOCAL LANGUAGES
ELECTRONICS	Y/N	NOTES
PHONE		CHARGE FULLY BEFORE TRAVEL
POWER BANK		CHARGE FULLY BEOFRE TRAVEL
UNIVERSAL POWER ADAPTER		ENSURE COMPATIBILITY
CHARGERS		KEEP ALL CHARGERS IN ONE PLACE
HEADPHONES/EARPHONES		CHARGE FULLY BEFORE TRAVEL
LAPTOP/TABLET/IPAD		CHARGE FULLY BEFORE TRAVEL
CAMERA +ACCESSORIES		PACK EXTRA MEMORY CARDS/ BATTERIES



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CLOTHING- TROPICAL DESTINATIONS	Y/N	NOTES
SWIMSUIT		PACK SWIMSUITS MADE OF QUICK DRYING MATERIAL
RAIN PONCHO/ LIGHT JACKET		ESSENTIAL DURING MONSOON SEASON
MICROFIBRE TOWEL		PACK 2- ONE FOR DAILY USE AND ONE FOR USING ON THE BEACH
SUNHAT/SUNGLASSES		
LIGHTWEIGHT T-SHIRT/SHIRTS		
LIGHTWEIGHT TROUSERS/SHORTS/SKIRTS/DRESSES		
SLEEPWEAR		
SOCKS		
UNDERWEAR		
BELT		
FOOTWEAR	Y/N	NOTES
COMFORTABLE WALKING SHOES		BREAK IN BEFORE YOUR TRIP
HIKING BOOTS		BREAK IN BEFORE YOUR TRIP
SANDALS/FLIP FLOPS		PACK AN EXTRA PAIR OF FLIP FLOPS IF STAYING IN HOSTEL DORMS TO USE IN THE SHOWER
TOILETRIES	Y/N	NOTES
TOOTHBRUSH + TOOTHPASTE		TRAVEL SIZED
SHAMPOO+ CONDITIONER		TRAVEL SIZED
MOISTURISER		TRAVEL SIZED
FEMININE HYGIENE PRODUCTS		PACK IN BOTH YOUR MAIN LUGGAGE AND CARRY-ON
CONTACT LENSES/CONTACT LENS SOLUTION		-PACK ENOUGH FOR YOUR TRIP -PACK A COPY OF YOUR CONTACT LENS PRESCRIPTION AND ANY OTHER EYE DOCUMENTATION
DEODARANT		TRAVEL SIZED
MAKE-UP +SKINCARE (including sunscreen)		TRAVEL SIZED



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CARRY-ON ESSENTIALS	Y/N	NOTES
TRAVEL PILLOW		INFLATABLE PILLOW FOR COMPACTNESS
SNACKS		NON-PERISHABLE ITEMS
COPY OF IMPORTANT DOCUMENTS		KEEP SAFE AND EASILY ACCESSIBLE
MEDICATION		SPLIT BETWEEN CARRY-ON AND MAIN LUGGAGE
TRAVEL SIZED TOOTHBRUSH +TOOTHPASTE		ESSENTIAL FOR LONG HAUL/CONNECTING FLIGHTS
PORTABLE CHARGER		CHARGE FULLY BEFORE TRAVEL
EARPLUGS		ESSENTIAL FOR BOTH FLIGHTS AND HOSTEL DORMS
LIP BALM		
SMALL HAIRBRUSH		
HAND SANITISER		
HEADPHONES/EARPHONES		
SPECIFIC LOCATION GEAR	Y/N	NOTES
HIKING POLES		
SNORKELING GEAR		
BUG SPRAY		
OTHERS	Y/N	NOTES
LARGE BACKPACK		CONSIDER THE DURATION OF YOUR TRIP, PERSONAL COMFORT AND BAG SIZE WHEN BUYING A BACPACK
SMALL DAY BAG/HIP BAG/CROSSBODY BAG		FOR DAY TO DAY USE- CONSIDER BUYING ONE THAT IS DURABLE WITH MULTIPLE POCKETS
PACKING CUBES		ESSENTIAL FOR ORGANISED PACKING
JOURNAL		
DECK OF CARDS		
BOOK/KINDLE		